

What to Bring & What Not to Bring

Please make sure your child has adequate cold-weather clothing, including thick, warm socks, and a heavy winter jacket. Even in the Spring and Fall it may snow and it can get very cold, especially at night. We require two-strap daypacks, and overnight bags without wheels and one soft side. We can loan daypacks and overnight bags for students that do not have them.

Clothing you will need

Waterproof or insulated boots (Fashion & UGG boots **will not** be adequate)
Extra pair of sneakers
3 pairs of warm, tall socks, wool is best
2-3 shirts
Daily change of underwear
Long underwear if possible
2 pairs of long pants (pants must be worn, no shorts)
Sweater or sweatshirt
Warm jacket
Warm pajamas
Sun hat & Winter hat
Gloves

Personal Items

Sleeping bag or warm blanket
Toothbrush and toothpaste
Washcloth
Chapstick, sunglasses, sunscreen
Brush
Deodorant

Optional Items

Books and writing materials
Camera (can't bring a cell phone, iPod, etc.)
Binoculars
Slippers (our lodges have a no-shoe policy)
Plant and animal field guides

What Not to Bring

Clothes or shoes that can't get dirty
Sandals or open toed shoes
Cell phones
Electronic games
Mp3 player/iPods/iTouch
eReader
Pocket knives
Weapons
Matches or lighters
Flashlight
Candy, soda, gum
Medicine that wasn't given to teacher
Perfume, Cologne, Body Spray
Aerosol Sprays

What to wear on the day of your trip!

Thick, tall socks
Waterproof or insulated boots
Long pants (with long underwear if it is cold)
T-shirt
Long sleeve shirt
Sweater or sweatshirt
Warm jacket

Pack these extras in your Daypack

Lunch and snack for the 1st day
A full water bottle (32oz/1 liter) Don't freeze!
Rain gear (Could be a large plastic bag)
Hat and glove
A few pencils